Financial Report

To obtain a copy of our latest form 990, please visit www.mettacenter.org or email info@mettacenter.org

Statement of Activities

(April 1, 2011-March 31 2012)

Support and Revenue

Individuals & Donations61,497.55
Grants
Other (reimburs., interest)
Program Income 3,925.00
Fiscal Sponsorship Income639.00
Revenue released from restrict 15.00
Total Support and Revenue\$121, 051.15
Expenses
Direct Program Costs
General Organizational Support
& Indirect Program 3,225.26
Miscellaneous Program14, 703.18
Organizational Development &
Fundraising 5,116.45
Total Expense\$90,402.92

Statement of Financial Condition

(Balance Sheet Summary: April 1, 2011-March 31, 2012)
Assets
Total Current Assets
Other Assets
Total Assets\$53,423.82
Liabilities
Total Current Liabilities\$-120.00
Equity
Net assets—unrestricted18,343.00
Retained Earnings 4,552.59
Net Income
Total Equity\$53,543.82
Total Liabilities and Equity\$53,423.82

"Metta Center has been an instrumental design and thought partner in the development of our National Peacebuilding Peacelearning Certificate Program. With principled vision and practical wisdom, Metta has helped us to shape a transformative and groundbreaking learning program that seeks to make learning for peace accessible and affordable to all. The Metta Center has also supported the development of our holistic educational approach, recommending strategies and course designs to help overcome differences and bring conflicting perspectives into harmony." Tony Jenkins, Vice President for Academic Affairs, National Peace Academy

"The Metta Center has been central in helping me develop as a satyagrahi. The website, educational materials and videos have all assisted me in focusing on the essential, the grounding, elements of principled nonviolence. As a Peace Studies teacher at a Quaker school, I have used Metta Center's resources in the classroom. Our high school seniors have developed their own understanding of nonviolence using Metta's web site. Michael Crauderueff, Friends' Central School, Wynnewood, Pennsylvania

"We witnessed the terrible error that "Occupy Oakland" engaged in by refusing to commit themselves to non-violence, but instead accepted the strategy of "a diversity of tactics" which opened the door to violence.... If only the vast majority of Occupy activists had been able to learn the brilliant and morally coherent message of the Metta Center, the 99% would have been so much better served." Rabbi Michael Lerner, editor, Tikkun and national chair of the

interfaith Network of Spiritual Progressives

"Doubtful about the

strategic power of nonviolence? Become involved in Metta Center's work with activists around the planet, activists who win far more often and far faster. Metta is transculturally sensitive and works very well with civil society players everywhere. Dubious about nonviolent philosophy? Read what Metta Center authors have written, listen to their sage value talk on YouTube and in webinars, and interact with Metta leadership, all of whom are respectful and accessible. Metta Center bridges the notions of philosophical rules of the road of life and the movement's intent to be 'in it to win it.' We are grateful for all the work done by Metta all the time and in every niche of our world."

Tom Hastings, Director of the Peacevoice Program of the Oregon Peace Institute, Faculty Member of Portland State University's MS/MA Conflict Resolution Program, author

"Metta's work turns ideals into strong, tangible action." Francesca Po, King's College, PhD candidate, London, England

METTA CENTER for NONVIOLENCE

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Annual Report 2011 Fiscal Year: April 1, 2011 thru March 31, 2012

Nonviolence is our nature

n Fiscal Year 2011 the world changed in many ways, and at least one of them was good: the practice, and more importantly, the public awareness of nonviolence has begun to grow. It really looks like the stirring of a sleeping giant. Metta responded to this change with more writing, more consulting and more outreach.

Michael Nagler

Momentum in all areas. As you will see in this annual report, we've carried on the momentum of previous programs in all areas; publishing, speaking, writing, consultation, education and some beautiful networking. A high point that I'd like to underline here was "Building the World We Want," a day-long workshop on constructive program that drew over 30 people including some of the biggest names in the Northern California peace movement. Here we really hit a nerve, and it has given us a splendid direction for the coming year.

You cannot inspire with a litany of evils. As many activists have begun to recognize, you cannot inspire people with a litany of evils. On the contrary, catching fire from Gandhi's unquenchably positive orientation and its practicality for our own time has set the tone that enabled Metta to take advantage of the worldwide development I mentioned earlier. We have come to feel more and more that the degraded image of the human being is at the root of contemporary problems, and that nonviolence—the possibility of it and the success of it—must be the root of the renewal of that image. As Gandhi said (and we often repeat these days), "Nonviolence is the law of the humans."

Fine reputation. I continue to be impressed and reassured by the fine reputation that we enjoy among our far-flung and steadily growing network of coworkers and friends. What fuels this? Passionate, committed and capable people among whom it is a privilege and inspiration to do this work.

Our mission

To promote the transition to a nonviolent future by making the logic, history, and yet-unexplored potential of nonviolence available to activists and agents of cultural change (which ultimately includes all of us). We help practitioners use nonviolence more safely and effectively, and anyone interested to understand and articulate its power more fully.

There have also been some changes taking place at Metta. Most notably, we have moved to a lovely new office just outside of Petaluma which has served us well and begun to provide a kind of hub for the diverse and interesting people with whom we love to work.

> Yours for the great turning, Michael Nagler, President of the Board

2011 Key Accomplishments

Talks on Nonviolence and Islam Talks on Nonviolence and Islam at the Muslim Community Associ-

ation in Santa Clara, as well as on Jesus and Nonviolence in Petaluma Presentation

Presentation at the

Alaska Network for

Domestic Violence and

Sexual Assault in

Anchorage,

Alaska

Special Guests

Guests

George Houser, lifetime peacebuilder & original "Freedom Rider," U PynyaZawta from Burmese Saffron Revolution, Lily Yeh of Barefoot Artists, Mel Duncan of the Nonviolent Peaceforce

Seminar

Invited by the Townsend Center for the Humanities at UC Berkeley for a four-week seminar on nonviolence for Seminars & Consulting professors, students and administration.

students and educators.

> **Webinars** Led a series of online webinars on nonviolence around September 11, 2011

Metta Mentors Hosted 5th and final "Metta Mentors," our summer internship in nonviolence princples for young adults. Interns arrived from around the world, including Egypt and Kyrgyzstan.

Occupy

Recognized as a

Go-to-organization for the

Occupy movement

Activist Course Hosted a one-day course on Gandhian 'constructive programme' for activists,

Blogs Wrote a series of news blogs for Waging Nonviolence

Nonviolence Courses Partnered with the National

Peace Academy for three courses on nonviolence as a science as well as practice.

> Study Guide Created an activity-filled study guide for teachers for Michael Nagler's book, The Search for a Nonviolent Future.

Individuals and Donations: 51%

Foundation support included:

- The Desert Community Foundation
- The Fenwick Family Foundation
- The Sills Family Foundation

• The Shumaker Family Foundation With deep gratitude to Moira Brennan and Jonathan Frieman for hosting a successful fundraiser for us at their home. With our prayers and blessings in celebration of the life of Kimo Campbell.

Refuse to inflict suffering Eliminate ill will Tearr Unity

Programs: 3%

Grants: 38%

Other:

Dear Supporters,

- en years ago,
 - the world stopped
 - as we witnessed terror-
 - ism on a large scale within the
- United States. When we responded with more
- violence there were catastrophic results: to our economy,
- to our service men and women, to our national reputation, and to our

humanity in general. As Gandhi is often paraphrased, "violence begets violence." So when 2011 witnessed "Arab Spring" and the worldwide Occupy movement respond to injustice with grassroots organizing, consensus building and cross-generational partnerships, something beautiful was happening.

The "meme" of nonviolence gripped the hearts and imaginations of more people than ever before. Before the events of 2011, many individuals approached the Metta Center with very basic questions, or even objections about nonviolence. Now, however, the questions we are finding more sophisticated and complex as people have seen its power; people want to know how to refine their strategies, how to conceptualize a large-scale movement which builds up while it opposes what is unjust. In other words, we have reached the beginning of what is known as a 'tipping point' of nonviolence. The question is no long whether nonviolence works, but how it does, and how we can harness its power more effectively.

We have been thrilled with these developments, and we have worked hard to serve all those who come to us to learn and explore the vast potential of a deep cultural shift away from isolation into beloved community. We have been keen to continue emphasizing that, as this report points out, nonviolence is in our nature and we realize a deeper part Respect for all life Resist injustice Respect for all life role of the resist injustice role of the role of the resist injustice role of the role of th of our shared humanity when we work not only to trans-All life is interconnected form our negative drives, but the negativity in the society with what Dr. King called "love in action."

Board of Directors Michael Nagler President

James Phoenix Vice President Gilda Bettencourt Secretary **Richard Mever** Mark Parnes Tal Patler Lorin Peters Cynthia Boaz Susan Rockrise

- **Executive Director**
- Nicholas Sismil, Gerard Cabarse

Stephanie Van Hook

Assistants

Young Adults

Honesty

Compassion

Education



Teachers' Retreat

Hosted an in-depth, week-

end, teachers' retreat for

educators seeking support

for bringing nonviolence into

the classroom as well as into

their personal lives

2011 saw the publication of three books edited or with articles by Metta personnel: Peace Movements Worldwide (Praeger/ABC-Clio), Nonkilling Korea (Seoul University Press); Beyond Forgiveness: Reflections on Atonement (Jossey-Bass)

Books

Op-Eds

Wrote op-eds on a regular basis for alternative news media sources, in partnership with Peace Voice, with op-eds appearing regularly on Common Dreams and Truthout.

2012 Plans

Online **Certificate Program**

Collaborated with Teachers Without Borders on a 12-week online certificate program for nonviolence education in the classroom.

The past years' experience has enabled us to look even more to the "big picture," to the deep changes that must take place if a world of unity can be allowed to emerge from the alienation and disunity of modern societies.

We have many beautiful programs and projects blossoming in 2012. We plan to:

- Enhance the Peace and Conflict Studies lectures with a series on Gandhi's legacy
- Develop a 'roadmap' for the 'great turning' in an effort to unite the various good projects happening all over the world into one movement
- Create a short animation on human nature and nonviolence
- Head-up a major grass-roots peace team curriculum
- Update and improve our current web site
- Publish a series of books and e-books on topics related to personal and societal nonviolence
- Build new partnerships with like-minded organizations
- Create high school curricula for nonviolence themes, with an emphasis on meeting 'national standards'
- Host several one-day teachers' retreats nationally
- Offer a 'graduate level study' of nonviolence through a research fellowship program
- Host an educational pilgrimage to Gandhian sites in India

Thank you all for a fabulous year. Stephanie Van Hook, Executive Director