Timeline

The long-range goal of this Roadmap is to replace the "thing-oriented" civilization of the industrialized world with a humane, "person-centered" culture where every human being can live free of torture, war and exploitation. Here's how the first three years would unfold:

2012

A year of reflection and training

Take the time to reflect, locate your place in the overall movement (see inside), and get some nonviolence training in preparation for the struggles ahead.

New story creation

Work out a consensus version of the New Story, drawing on modern science and ancient wisdom, emphasizing their higher image of the human being.

2013

Movement-wide discussions

Through self organization, people of the Roadmap can now act in a concerted way at the national (or global) level. Key issues are addressed through constructive alternatives, for example *restorative justice* and *nonviolent* peacekeeping.

They develop a longterm strategic plan to grow from success to success, starting with smaller, doable issues like overturning Citizens United and moving to more stubborn components of corporate rule.

Nonviolent Resistance (Satyagraha) Constructive Program 2012 2013 2014

2014

Direct confrontation

The movement now has the training and coordination to undertake direct confrontation on key points where the prevailing system has resisted change. Examples might include "pledges of resistance" to impending wars, or blocking deforestation and other corporate takeovers of natural resources and the media.

For more information: Metta Center for Nonviolence Box 98, Petaluma, CA 94953 707-774-6299

info@mettacenter.org www.mettacenter.org



Roadmap

From spontaneous protest to unstoppable movement: a comprehensive strategy

e all belong here. We are moving toward a common destination: a world that is free from exploitation, slavery, war and colonialism. This roadmap offers a way to weave together our different commitments and diverse communities into a cohesive movement without

it's time to move from isolation to community, with enough strength and resilience to challenge the war system at its very foundation. All the pieces are here, and we have them in our hands. So, what do you say? Let's take the effervescent

sacrificing openness and creativity. As Occupy has shown,

through a united, strategic partnership.

The future needs us all.

Offered openly and sincerely to all interested parties by the Metta Center for Nonviolence. The Metta Center's mission is to help people practice nonviolence more safely and more effectively and work toward a nonviolent culture. For more information on this strategy and the rest of our work, see our website: www.mettacenter.org.





A unified, nonviolent approach to the **Great Turning**

Environment



Local farming and

Protecting wild areas

Climate Protection



transportation and

How to Use this Model

This flow from the personal to the political is not necessarily chronological; you do not have to stop what you're doing already or reach perfection in one circle before moving outward to the next. But:

- Place primary importance on the "hub," Person Power
- Locate your project(s) on the map, e.g. "I'm doing Constructive Program on New Story Creation"
- Think first of constructive alternatives to your chosen issue, then:
- Address conflicts that come up through creative nonviolence.

New Story Creation

If we want to replace the present system, we must replace the worldview it's based on — especially the false image of ourselves as separate, physical creatures doomed to compete for scarce resources with the entirely "New Story" now emerging from the convergence of the great wisdom traditions and new science.

movement

is as effective as the

people in it. We have

found five things each of us

can practice to clear our minds

of the negativity caused by

good working knowledge of the

power of nonviolence, and help

Avoid the commercial media

Learn everything you can

When taken in its full dimen-

complete culture. Through

study and practice we

can not only gain

inspiration

sions, nonviolence is a

about nonviolence

us avoid burnout or losing

Adopt a spiritual practice

We particularly recommend

(if you don't have one)

passage meditation:

www.easwaran.org

sight of our values.

commercial civilization, give us a

Sharing it (alternative

Passing it on (education)

for creative strategies but replace the toxic culture of the commercial media in our own mind. We're here to help!

www.mettacenter.org

Practice personhood

Relate personally wherever possible; give 0 everyone you speak to your one-pointed attention: "We must rapidly begin the shift from a 'thing-oriented' to a 'person-oriented' civilization" (Martin Luther King)

Get engaged!

Have a good sense of where your own talents and abilities fit into the Roadmap; start where you can make the best contribution and sense your solidarity with everyone engaged in this work.

Vibrant and Needbased Economies

Readleading Peacebuilding (ending world

program Peacemaking (creative dispute resolution)

Peace

Counter-recruitment

ourselves independent of corporations wherever possible we can

The power of the state can be dislodged by

"people power," which rests in turn on the

power of the human individual. Every one

of us can develop our personal effectiveness,

as Gandhi and so many others have

done, e.g., by spiritual disciplines.

Constructive Program

It's more effective to "cooperate with good" than to "noncooperate with evil." By

building the institutions

we want and making

keep the movement together, show the public a way out, and create a society ready to replace that of corporate rule.

Nonviolent Resistance

Now trained and prepared, we enter on the last phase of the strategy, to offer nonviolent resistance at key leverage points of the corporate (and material)dominated world, starting with the most urgent problems, building on achievable gains, and not stopping short of complete success, whenever it comes.

Functioning

democratic institutions

leadership models

Some Strategic Guidelines

- Always follow nonviolence in deed, word, and as far as possible even in thought
- Be constructive wherever possible, obstructive when
- Focus on "keystone" issues that will really leverage change
- Don't rely too much on symbols: be concrete wherever possible (the Salt March was about real salt!)



Democracy and