

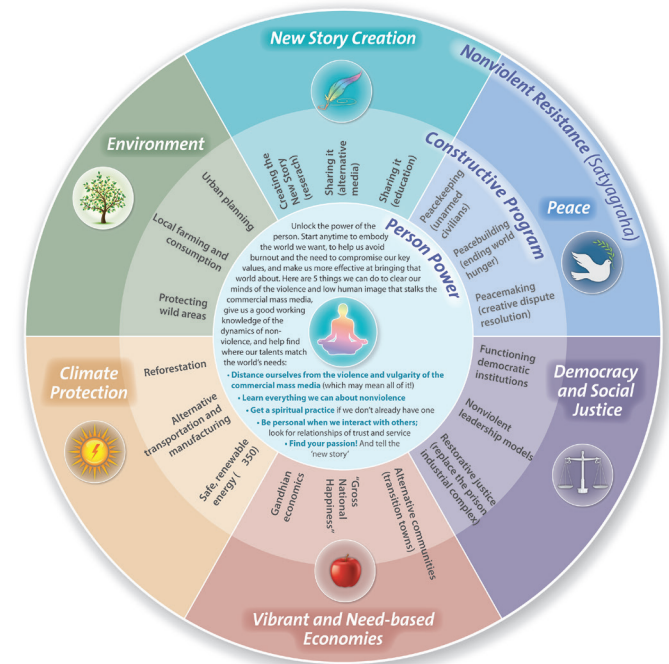
## New Story talking points and why they matter

We must outgrow the low image of the human being and the ruling idea of a meaningless, material world that is the dominant paradigm of industrial societies. If we become aware of the vision emerging from both new science and the wisdom traditions and share it wherever we can it will greatly facilitate the creation of a new culture:

- all life is an interconnected whole; if I injure you (or any living thing), I injure myself
- we are body, mind, and spirit
- as spirit, we can realize our connectedness
- we can never be fulfilled by consumption or competition; we need deep relationships of service to people and planet
- we have inner capacities, largely untapped, that make nonviolence possible, indeed inevitable

## How to use Roadmap: practical suggestions

- Find yourself in the picture: what issue or issues engage you? (The 18 sub-wedges are just examples.)
- Use the **COMPASS** feature on Metta's website to connect with people and groups in your area(s) of interest.
- Adapt the "new story" (it's actually been around for millennia—see next panel) and use it to explain your position, for example, mass incarceration: "we do not get security from locking people away; we become secure by helping others to be secure."
- Roadmap is a "peace from within" model based on Gandhi's famous concept of *svadeshi*, or 'localism': we work on ourselves (inner circle), work with our colleagues (constructive program), and then against remaining injustice – but not against people being unjust (*satyagraha*). To keep these priorities in mind we don't need to stop urgent work we may be doing, e.g. on climate change.
- Get in touch to join the conversation on a long-term **STRATEGY** for a "movement of movements."



# Roadmap

## Unity, Strategy, and Nonviolent Power for an unstoppable movement

ROADMAP is a way to envision the unity of our movement and a set of tools to help us:

- Build Community
- Get training in Nonviolence Principles
- Create and pursue Strategic Thinking for a long-term campaign.

These tools include:

- Roadmap **MANDALA** (inside)
- **COMPASS**: various ways housed on the Metta Center website to connect with one another and access many resources
- Conversations to build a **STRATEGIC VISION** for long-term and lasting change.

When astronauts saw the earth from space it changed everything. Seeing the innate unity of our "movement of movements" (over) can do the same.



**METTA CENTER**  
for NONVIOLENCE

Metta's mission is to "promote nonviolence worldwide" and help anyone who wishes to use nonviolence do so more safely and effectively. See our website for a full description and resources:

[www.mettacenter.org](http://www.mettacenter.org)

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