

Financial Report

To obtain a copy of our latest form 990, please visit www.mettacenter.org or email info@mettacenter.org

Statement of Activities

(April 1 2013-March 31, 2014)

Support and Revenue

Individuals and Donations	\$37,611.25
Grants	\$60,801.40
Other (reimbursement, rent, interest, etc)	\$3,450.92
Program Income	\$7170
In-kind Donation	\$1,124.45
Total Support and Revenue	\$110,158.02

Expenses

Program	\$48,798.68
Admin	\$36,677
Fundraising	\$10,123.15
Total Expenses	\$95,608.83

Statement of Financial Condition

(Balance Sheet Summary, April 1, 2013-March 31, 2014)

Assets

Total Current Assets	\$83,768.19
Total Other Assets	\$1,085.00
Total Assets	\$84,853.19

Liabilities

Total Liabilities	\$684.81
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Equity

Net Assets-Unrestricted	\$11,575.89
Retained Earnings	\$58,163.40
Net Income	\$14,429.09
Total Equity	\$84,168.38

Total Equity and Liabilities	\$84,853.19
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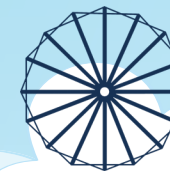
The Metta Center works with a small staff, all of whom share the tasks of work related to fundraising and administration, making every dollar that much more effective in terms of what it accomplishes. We are very proud to share that it is no exaggeration to say that most everything we do at the Metta Center is directly related to programs - from every letter we write to every material we create and every conversation we have. This is how the message of nonviolence spreads.

If you are interested in learning more about making a charitable donation or getting involved in our mission, please contact us at info@mettacenter.org.



METTA CENTER
for **NONVIOLENCE**

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METTA CENTER
for **NONVIOLENCE**

Annual Report 2013-2014

Fiscal Year: April 1, 2013 thru March 31, 2014

Dear friends, supporters, colleagues,



Stephanie points out that in 2013 Metta (and she herself, I might add!) were 31 years old, which I believe was the age at which Dante came to his senses in a dark wood and began his journey to -- eventually -- paradise. It does seem when you look at the world today that we are descending into a darkness through which we will have to pass before we enter into the light.

Yet, at the same time, nonviolence is growing in extent and sophistication all over the world. Hence the critical importance of nonviolence education -- our work. The more people can recognize what nonviolence has to offer and is already offering the more safely

and with less confusion and anguish will the world be able to make the transition it must make to a saner paradigm.

Which is why the year 2013 stands out as a particularly gratifying benchmark in the growth of our organization. As you see in this Report, important seeds were planted: new personnel in new positions, new audiences (the UNITAR curriculum) and -- which may not be apparent in the cataloguing format of the Report -- a new clarity around some of our key ideas concerning the "New Story," the human image, and the central role nonviolence has to play in both. We might think of Roadmap as a "raised bed" for the cultivation of these seeds, and so it is again gratifying that that project took a major step closer to completion.

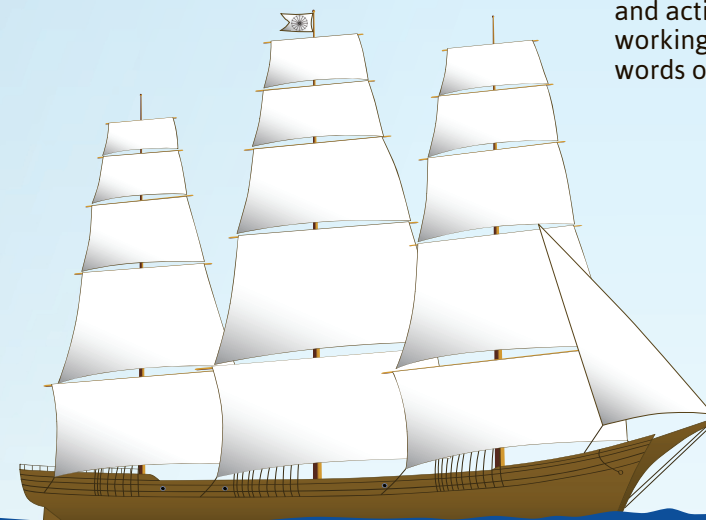
Speaking for all of us who make up the staff and the interns of Metta, it has again been a privilege and pleasure to work with such a supportive Board and the ever wider and deeper network of co-conspirators around the world who make up our community of support and action. Whether or not it occurs in my lifetime, the fruits of our association and our working together cannot but come forth to nourish our needy world. To close with the words of the poet,

*Per correr miglior aque alza le velle
Omai la navicele del mio ingenio
Que lascia retro di se mar si crudele.*

To course safer seas now raise your sails
Barque of my mind
That leaves behind it such a cruel sea.

(Purgatorio I.1)

Yours,
Michael Nagler



**Board Members,
Staff and Fellowships**

2013 Board Members:

MICHAEL NAGLER
President
JAMES PHOENIX
Vice President
GILDA BETTENCOURT
Secretary
TAL PALTER
LORIN PETERS
MARK PARNES
RICHARD MEYER
SUSAN ROCKRISE
PRASHANT NEMA
JAMES SCHUYLER

**New Board Members,
end of 2013:**

TIFFANY ORNELAS DE TOOL
MAJA BENGTON
ANNA LEINBERGER

2013 Staff:

STEPHANIE VAN HOOK
Executive Director
BIJOYETA DAS
Director of Communications
STEPHANIE KNOX CUBBON
Director of Education
ANNA LEINBERGER
Director of Publications

2013 Fellowships:

MICA STUMPF and
PEIJMAN KOURETSCHIAN,
research to build
unarmed peacekeeping
training for Emergency
Peace Teams
ANNA LEINBERGER,
publications fellowship:
indexing project of
Michael Nagler's career
writings

2013-2014

Key Accomplishments

Publications

Video
Produced a short series on Peace Teams for the United Nations.

Director of Publications
Added Director of Publications Staff position. This staff member keyword-indexed collected writings of Michael Nagler, and compiled and formatted into an e-short Collected Works Series.

E-books
Published e-shorts (short e-book publications through Kindle). Published new e-short: *A Bright Future: Nonviolence and Human Evolution*. Republished in e-book form: *Hope or Terror* and *Meditation for Peacemakers*.

Books
New Book from Michael Nagler: *The Nonviolence Handbook: A Guide for Practical Action* (Berrett-Koehler, San Francisco).

Travel

Regional and International travel in 2013-2014
Michael Nagler & group traveled to India to give a keynote talk on Gandhi's birthday at a new and highly innovative research institute/Gandhi museum in Maharashtra. While in India the group also met with potential partners, learned about the realities of the Gandhian movement in India today, met with fishermen currently in a struggle to save their village from a dangerous nuclear plant in South

Fellowships

Media fellowship
Our Director of Communications created a media fellowship in stories for Africa and Asia.

Research fellows
3 Research fellows in 2013-2014, resulting in lasting partnerships with Metta. One fellow researched the life of Sojourner Truth and became our Director of Publications. Two others created a two-day nonviolence training for an organization they are starting in Oakland and will be resource trainers for Metta in the coming years.

Education

New Director of Education
She created and serves as core faculty for Metta Center Certificate in Nonviolence Studies, six month online program, piloted by six individuals. Created lesson plans complementing articles from *Yes! Magazine* and *Waging Nonviolence*, and a series of comprehensive study guides to support the Roadmap project.

Certificate
Executive Director completed a certificate in Montessori Early Childhood education.

Media and Journalism

Radio
Peace Paradigm Radio on KWMR Point Reyes is in second year. Some topics include: restorative justice, nonviolence in early childhood education.

Director of Communications & Journalism
Added Director of Communications & Journalism position. She created online & print journal - *Emergence*, reports on worldwide nonviolent movements, instituted media fellowships for reporting on issues in Africa, Asia, trains professional reporters in nonviolence and supports creation of citizen media to report nonviolence.

Retreats and Workshops

Seminar
Saturday seminar series at the Metta Center, a day-long seminar on nonviolence and the meaning of life, with an intimate audience at the Metta office. Seminars are recorded, shared and livecast.

Retreats
Hosted two retreats in 2013-2014. at Mt. Madonna Retreat Center in the Santa Cruz Mountains that included *The Power of Renewal* and *Gandhi and the Gita: Uncovering the Soul of Selfless Service*.

Roadmap

Roadmap "compass"
Interactive Roadmap "compass" is on the Metta Center website. It allows users to click through the Roadmap mandala to find materials and then connect with others through the tools we have available in social media (Facebook). Launched concurrent with an interview/research/conversation series with Ben Roberts.

Contracted Ben Roberts to work with the Roadmap to help us develop it, galvanize participation in its use, and implemented a trial run of Roadmap framework with selected individuals.
3 Uses for Roadmap: *community building, strategy creation and nonviolence training.*
Metta is concentrating on framing consensus around the need for a "new story" to be a part of movement building.

Dear friends, supporters, colleagues,

As part of the preparation for our upcoming retreat, I've been asked to share with you some highlights of the year 2013, which was a busy one at Metta.

- In 2013 we were able to create a short-term staff position to work with us as our first **Director of Publications**. This staff member keyword-indexed my by now considerable collected writings and we then began the process of compiling and formatting "e-shorts" -- a process we expect to continue later this year and forward. As of the end of 2013, we had published one e-short, *A Bright Future: Nonviolence and Human Evolution* and republished in e-book form two Metta publications: *Hope or Terror* and the popular *Meditation for Peacemakers*.
 - We are particularly pleased with the **production of three videos** that the UN, through our friend Mel Duncan, asked us to contribute to the UNITAR curriculum used to train UN peacekeepers.
 - In the area of **media and journalism** we concluded our second year of *Peace Paradigm Radio* that airs on KWMR in Point Reyes and is put up on our site shortly after, as well as being picked up by a few other stations, a process which at some point we would like to expand systematically. We were very pleased, in this connection, to hire an excellent Director of Communications and Outreach who launched the very attractive e-magazine (one edition did go onto paper), *Emergence*. (While Bijoyeta has had to step down for family health reasons, at this moment [Nov. 4] we are negotiating with an excellent replacement).
 - Education**. While virtually everything we do is education in a sense, we were extremely pleased to appoint Stephanie Knox Cubbon, a tireless contributor in this field who understands our message very well, as our first Director of Education. Stephanie (KC) designed and conducted a successful pilot certificate course in nonviolence with six participants as well as creating a series of study guides for the Roadmap. While on the subject of education, our ED completed her certificate program in Montessori education, considered the closest to the Gandhian model and values outside Gandhi's own education scheme (*nai talim*).
- We received foundation grants from the following foundations:
- The Kalliopeia Foundation**
 - The Orange County Community Foundation**
 - The Fenwick Foundation**
 - The Raven Foundation**
 - Peaceworkers**
- Retreats and Workshops.**
 - Fellowships.**
 - Travel.**

Foundation